

# Adventure and Activity Camp Required Documentation

## Adventure and Activity Camp Parent Handbook

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*This form requires your digital signature at the end. There are no form fields to complete.*

**Approximate Time to Complete: Less than 10 minutes**

We're happy to welcome you to **Adventure and Activity Camp at Technique Gymnastics!** It's going to be an exciting three months with a lot of fun packed into a variety of activities.

This handbook has been prepared as an informative guide for Technique Adventure and Activity Camp's children and their parents so that they may know and understand the camp's policies and regulations. Please read it carefully, and keep it for future reference!

### General Information

Our camps are designed to keep kids active while they are not in school by providing campers with new adventures and fun activities. They have an opportunity to experience other sports, creative arts, group projects and meet new friends. Camps are offered during summer school breaks as well as most non-instructional school days. Technique camps are located at Technique Gymnastics' 38,000 square foot facility in the Sacramento Sportsplex. Campers will gather, eat lunch and work on group projects in our new Adventure and Activity Club. The rest of the time they have a choice of activities in our facility or the other Sportsplex facilities. Camps are for ages 5 - 12 (we will be able to take children who are 4 years and 9 months **and** enrolled in kindergarten). We are licensed by the State of California, and sponsored by Technique Gymnastics. We are staffed by qualified and experienced individuals who are dedicated to helping make this the best camp ever for your child.

Our philosophy is to develop each individual's core character using sports and activities as tools to capture experiences that lead to maturity. We are excited to partner with parents, helping them to raise healthy, happy, responsible children.

### Non-Discriminatory Policy

Technique Adventure and Activity Camp admits children of any race, color, and national ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to children at the school. It does not discriminate based on race, color, national, and ethnic origin in administration of its educational policies and other school administered programs. The administration, however, reserves the right to dismiss or refuse admission to anyone unwilling to comply with the school's regulations or behavioral standards.

### General Camp Rules

There will be NO:

- Gum at camp
- Knives or "weapons" of any kind
- Bad language
- Violent behavior
- Toys from home
- Money from home (campers are not allowed to use our vending machines)
- Electronic gameboys, cell phones or appliances of the sort

### Hours of Operation and Other Optional Service



The hours of operation for our camps are from 9:00am to 4:30pm. We offer a free optional service of before and after care for your convenience, and it is from 8:00-9:00am and 4:30-5:30pm.

Camp opens at **8:00 am**. Please do not arrive earlier than 8:00 am - staff won't be able to open the doors until then. If you are planning to drop your camper off later than 10:00 am on any day, you may want to arrange to meet the camp at the field trip activity for the day. Exact times will be available the week before your camper's week at A<sup>2</sup>C.

**Camp is open until 5:30pm. We love your children but we really need to have all campers off with their parents no later than 5:30pm. Please note that there will be a \$1.00 per minute/per child charge beginning at 5:35pm. This fee is to be paid in cash to the counselor on duty when you pick your child up.**

**Signing In Your Child**

A parent/guardian must sign your camper(s) in as you drop them off everyday. This is done at the Technique Gymnastics front desk. This is the time to let the camp director know if anyone other than those indicated on your registration are going to be picking up your camper. You, as the adult, must sign your child in and out. You must use your full signature and not just initials. The California law requires this!

**Signing Out Your Child**

Students may only be picked up by authorized adults. No camper is to be released without specific permission from a parent or guardian which must be authorized verbally and in writing. If an emergency situation occurs, the parent/guardian must contact the Technique Gymnastics office giving verbal authorization for release of the child to an alternate person. The parent/guardian will be asked to provide the name and description of the person authorized to pick up the student.

Everyone picking a camper up will be asked for photo ID. If the identification does not match those put on your registration information, you have not informed the staff of a change and we cannot reach you, we will not release the child. It is the custodial parent's responsibility to keep the school informed of the legal status of guardianship of students. We will not accept the responsibility of deciding which parent has legal custody where there is no court document. We will accept the information given by the enrolling parent unless we are presented with a court document from the custodial parent that shows otherwise.

All students must be signed out everyday when you pick them up from camp.

YOUR CHILD IS VERY PRECIOUS TO US! THESE RULES ARE HERE TO PROTECT YOUR CHILD AND TO ENSURE HIS OR HER SAFETY.

**Schedule and Field Trips**

A typical week at A<sup>2</sup>C will include: daily activities within our center and two to five weekly field trips within the sports complex for each group, rotations throughout the Technique Gymnastics building, and many more fun filled activities. Please refer to the weekly schedule for assigned activities and times. Please have your child prepared for each activity (Note: different activities require certain attire). All field trips are appropriately designed for your child's age, and all costs of the field trip are included in your child's daily/weekly tuition.

**Rotations include (vary by day):**

**\*\*Rock climbing:** Climbing games, physical challenges, group games, etc.

Gymnastics: Gymnastics instruction

Club house: Arts and crafts, culinary arts, science, games, etc.

Open Play: Free time within our facility

**\*\*Metro Soccer:** Playing soccer indoors

Blue Lagoon: outside water games and water activities



Golf: In-house with professional clubs.

Martial Arts: Kung Fu and other styles.

**\*\*Jump Sky High:** Indoor trampoline activities, dodge ball, free foam pit, etc

Group games: big group games and small group games

Ninja Gym: Obstacle Course

**\*\*Wacky Tacky:** soft play

**\*\*These are our field trip activities throughout our week. Granite Arch Rock Climbing, Metro Soccer and Sky High Sports are both located within our Sports Complex.**

**Transportation Arrangements**

Parents are responsible for dropping off and picking up their children at the Technique Gymnastics building everyday. The field trips that our camp goes on are located within the Sports Complex parking lot, and when our camp goes on a weekly field trips, we take the following steps to ensure safety in the parking lot:

- 1. All campers and staff must have shoes on to walk across the parking lot
- 2. Attendance is taken before we leave the facility, when we get to our field trip destination, before we leave our field trip facility, and when we return to our facility.
- 3. All campers are in a single line across the entire parking lot
- 4. There is at least one staff member at the front and back of the camper line as well as several staff members throughout the line. Proper student to teacher ratios are kept even when walking across our parking lot to our destination

We encourage parents to consider enrolling children in learning activities such as swimming, cheer, karate, or gymnastics, but we ask that you schedule those lessons either directly before or directly after camp times. Technique lesson times for campers should be scheduled at 3:30 pm or later only! This ensures that lessons won't interfere with field trips and other activities. We will have a counselor available to walk your child to gymnastics, tumbling, cheer, parkour or dance lessons only. We will not be able to walk your child to any other sports activities located within our sports complex.

**Making Phone Calls to A²C**

The best way to call our camp is by calling the Technique Gymnastics front desk at 916-635-7900. Ask for the director or manager-in-charge of the camp, and the front desk person will connect you with the director or manager-in-charge. Please be patient, it may take a while to transfer your call. If the front desk does not pick up, please leave a detailed message with a call back number. We will call you back as soon as possible.

**Pack 'Em Up**

Please be sure that your child is prepared daily. Pack the following items into a **large** backpack or the bag that may have come with enrollment. Each child in your family will need their own bag and lunch. **It is very helpful and highly recommended to mark all these things with camper's names to prevent loss or mix-ups. Yes, even the shoes!**

- 1. Close Toed Tennis Shoes (no sandals or high platform shoes are allowed for rock climbing. Sandals will be allowed for water day)
- 2. Socks
- 3. Sunscreen**\*\***
- 4. Swimsuit (on designated water days)
- 5. Towel (on designated water days)
- 6. Large lunch that they are willing & able to eat (*Please don't send soda, it typically gets spilled or they don't finish it.*)
- 7. Extra snacks - We do provide two snacks for each camper, but we have found that kids like to eat our snacks and snacks from home at the same time.
- 8. Something to drink, especially if your child is not a good water-drinker.
- 9. Water Bottle with water, juice, or some other liquid that will help to keep them hydrated. Please mark all



water bottles with your child’s name. Unmarked water bottles will be thrown away every Friday.

Food and water are very important. Our program is very physically active. Your child must have nutritious fuel and liquids to keep them going. Please pack them in **insulated cold packs**. The refrigerator will not be available to campers at A<sup>2</sup>C.

In the past, parents have given their children money to spend at the snack machines. This turns out to be a problem if money is lost or misplaced. It’s also difficult for the counselors to stop and get a child a lunch or snack from the machines as they are needed in ratio. Please don’t send money for your child to make purchases from our machines. It is also our policy not to buy items during field trips.

***\*\*We spend some time outside in the sun. It is very important that each child comes to camp each day already having put on sunscreen. During the course of the day we will reapply sunscreen. Sometimes by the time we re-apply, the camper has already burned. We will work hard to stay on top of it, but please help train your child to remember as well.***

**What not to Bring!**

It’s been our experience that cell phones, electronic gaming devices, stuffed animals, trading cards and other toys from home do not do well at camp; therefore we ask that campers leave them at home. If these items are brought they will be taken by a staff member and given to parents when the camper is picked up.

**Lunch and Snack**

They are very active each day and campers tend to get **very** hungry throughout the day. Please pack a lunch that is larger for your child than normal. If you do not want to send your child with lunch from home, you are able to purchase a lunch from us for \$4. You can purchase lunches in advance or the day off. The lunch entrees are prepackage frozen food from Sam’s Club or a similar store, and it is cooked in the facility. Lunch sides are usually fruits or vegetables which are washed and cute in our facility. If you are interested in purchasing lunch, please ask us for more information. We always have a lunch menu posted in our Club house and at the sign in station. If your child does not have a lunch, one will be provided for them and a charge of \$5 will be added to your account.

Snacks are PROVIDED in the morning around 10:30am and in the afternoon around 3:30pm. They are nutritional snacks and the cost is included in your child’s tuition. A list of snacks is posted in the Club House.

If your child has any special dietary needs or allergies, please bring this to the Director’s attention. It will be recorded in your child’s file.

**Illness Policy**

A safe and healthy environment is important for all children. No child who arrives noticeably ill, with a rash, or fever shall be admitted for that day. This policy is designed to decrease transmission and protect the health of your child, the other children, and the staff.

- Hand washing will be done before all meals, snacks, and food preparation and after restroom use.
- The environment and equipment will be cleaned on a routine basis and as needed.
- If a child should become ill while in camp, the child’s parent/guardian will be notified.
- Any ill child will be separated from the other children and be made as comfortable as possible.
- Staff shall record the child affected, the date and time of illness, a description of the symptoms, who was notified and their response.
- The staff member will make the final decision about continued care for the ill child based on:
  - Exclusion list (some diseases require exclusion)
  - Head lice (child must be out 48 hours after final treatment)
  - Chicken pox (child must be out until all blisters have scabbed)
  - Undiagnosed rash or hives (doctor note required)
  - Flu (24 hours from last symptoms)
  - Conjunctivitis (Pink Eye) 24 hours from first medication
  - Child’s ability to participate in routine activities.
  - Increased risk of disease transmission



- Parent/Guardian will be notified to pick up the ill child within a specific time frame.
- **Do not** bring your child if they have had diarrhea, vomiting, a bad cough and/or fever (101 degrees oral, 102 degrees rectal, 100 degrees auxiliary (armpit) in the past 24 hour period.
- If your child should exhibit any of the above symptoms you or your emergency contact will be notified and asked to as soon as possible.
- Please notify a camp counselor if your child is diagnosed with or has been exposed to an infectious disease.

The child must not return to camp until the fever has been broken for 24 hours; nausea, vomiting, or diarrhea has subsided for 24 hours; 24 hour period has passed since the start of a medication prescribed for contagious illness; and the child is feeling well again and normal behavior has returned.

Emergency planning is a must. Please have a plan ready on the chance your child should become ill at camp. For the safety and health of staff and other campers we **cannot** allow a sick child to remain at the center.

Credit will only be given to those children with a prolonged illness of five days or more. **No credit will be given on a daily basis.**

### Medication

Only medication, including "over the counter" medication, that is prescribed or ordered by a physician can be administered at camp. All medications must be in the original container and correctly prescribed for the indicated student only. All medications will be stored in a secure location and are NOT to be kept with the student. A medication release form must be signed and handed directly to the camp director or manager-in-charge for each medication the child will need to take.

### Injury

We take every precaution to make sure your child is safe, but because children will be children, accidents may happen. An Incident/Accident Report will be completed for each accident which occurs at the camp. The report will be made as soon as possible following the accident. The Camp will give appropriate first aid to an injured child to include minor cuts and bruises. A parent or guardian will be contacted, if it is the judgment of the camp staff that immediate medical attention is necessary. If it is further the judgment of the camp staff that the injury is of an emergency nature, the physician listed on camper's registration form or paramedics will be called to the camp and the parents contacted.

### Emergency Contacts

Emergency contacts are required to be current at all times. This contact must be at least one additional emergency contact other than yourself, including full names, home and work addresses, home and work phone numbers, and cell phone numbers. In the event of an emergency for which you or your emergency contact cannot be reached, the staff may contact police or other emergency authorities.

### Change of Information

It is your responsibility to inform A<sup>2</sup>C of any changes to the information on the Emergency Information Form, as well as other forms in the registration packet, including, but not limited to: address, home phone number, parents' work numbers, medical conditions, and pick-up authorizations.

### Discipline Policy

Our number one priority is to insure your children are in a safe environment. The only rule we ask is that our campers are safety conscious of themselves and those around them. A busy child does not have time to get into mischief. We will do our best to keep them busy and having a great time. Learning cooperation, self-control, and respect for others is part of growing up. We want to assist parents as they teach these valuable life skills to their children. Therefore, we do not allow the use of physical punishment, corporal punishment or violation of personal rights. Instead, we use positive tactics that strengthen the self-esteem of children while teaching self-discipline. Children who have conflicts or problems with others while at our center will be encouraged to verbalize their frustrations and angers. The role of the adult staff is to be a helper to positive problem solving of their conflicts and understanding the rules. Our staff members guide rather than punish. Staff will intervene to prevent children from hurting themselves, others or destroying property. The child will

then process the problem with a staff member and any other concerned parties. Verbal processing is our preferred technique. Discipline, that is guidance, will always be positive, productive, immediate, and consistent when behavior is inappropriate. No child will be humiliated, shamed, frightened, or subjected to verbal or physical abuse by staff or by parents on the premise or during field trips. Unfortunately, there may be times when our efforts will not be able to solve a child's conflict. At this time, the parents will be notified and a conference set up to discuss solutions to the conflict. We believe behavioral problems can be resolved with cooperation between parents and staff. Continuation in our program depends upon a resolution and unresolved conflicts may result in termination of the child attending Technique Adventure and Activity Camp.

At A<sup>2</sup>C we will use three steps to discipline.

They are:

### **"First Warning"**

Campers will be asked if they are being safe or if they are behaving in an appropriate manner. "Tell me how you were being unsafe? Or Why is your behavior inappropriate?"

### **"Second Warning"**

If they continue to be unsafe, they will be excluded from the activity for a short time. A time-out is a time by themselves, away from the other children and the activity at that time. Time-outs last for approximately 5 minutes, depending on the age of the child. This is not a punishment, but rather a time when the child may calm down, remember what behavior the teacher is asking for, and decided for themselves when they are ready to rejoin the group with appropriate behavior.

### **"Third Warning"**

Parents will be notified when child is picked up at the end of the day of the problem or concern we have dealt with.

### **"Fourth Warning"**

If the behavior is still taking place after four warnings, a conference with parents,

camper, and director will take place. This will be a time to discuss what has been happening and how you, the parent, and the teacher can work together to resolve the problem.

We will do our best to handle all situations at the center. If for some reason the parents are called during the day, the situation would have to be extreme, on going or one that we feel puts campers and staff at risk.

**We reserve the right to send children home when we feel they are not acting in a safe or healthy manner and are not making an effort to change their behavior.**

**NO CREDIT WILL BE GIVEN WHEN THIS OCCURS.**

**In some situations, the Director and teachers may require a 1-3 day suspension at home before returning to camp. If every reasonable effort has been made to discipline the child, and the child does not comply with our standards, the parent will be asked to withdraw the child from our program. We reserve the right to expel children from A<sup>2</sup>C for any time we feel is necessary.**

### **Withdrawal**

Children benefit most when the program and the home have similar philosophy of teaching and discipline. Should the time arise when either the A<sup>2</sup>C or the parent feels that the child is not benefiting from the program, either party may request withdrawal without prejudice with a two week written notice.

### **Payment Policies**

- No spot in camp is guaranteed until a deposit payment has been received. This deposit payment is applied towards your child's daily or weekly tuition. There is a deposit per child per week.
- Payments can be made in person at Technique Gymnastics, can be mailed in to Technique Gymnastics,



or can be made over the phone with Technique Gymnastics. We take Visa, Mastercard, Cash and Checks.

- We will charge a returned check fee, and we can reserve the right to refuse any other payments by check.
- For weekly tuition, the remaining balance must be paid on Monday morning when you sign-in your camper. For daily tuition, the remaining balance must be paid the morning of your child's day at camp.
- A late fee of \$10 per child will be added on to your account if your child's tuition is not paid in full by the Wednesday of your child's week at camp.
- If you have made arrangements with the office to hold a space during camp and do not attend for any reason, please note that you will be charged for those days unless the office is notified, in writing, one week prior to saved dates.
- All fees are non-refundable. Changes to registration dates may occur if it is received one week prior to original date and it is in writing; however, changes cannot be guaranteed and will only be accepted based upon availability.
- Enrollment will be discontinued if no tuition payment is received within two weeks of your child's time at camp. Re-enrollment will require paying the previous amount owed in full and based on "space".

NO drop-in service is available. Due to city licensing regulations, NO child will be accepted without prior registration and authorization. Registration will only be accepted at the front office and is based on availability. If you bring your child on a day that you are not pre- registered for, they WILL NOT be accepted. You are welcome to call the morning of a desired day to see if there is available space.

**Early Bird verses Normal Registration:**

For weekly tuition: Early Bird special pricing will be honored if a child is signed up and the deposit fee is received before 1 week of desired start date. Normal registration pricing will begin less than 1 week prior to desired start date. For early bird tuition: Regular early bird tuition will be honored if a child is signed up and the deposit fee is received a minimum of 1 week of desired start date. Normal registration pricing will begin less than 1 week of desired start date.

**For week long campers in case of an absence:**

All payments are non-refundable even if your child is absent. We will transfer credit to another week if a written notice is received one week prior to desired date. No credits will be given for individual days missed within the week. We do not credit for individual days missed because you are already receiving a discounted rate for paying for the entire week rather than the daily rate. In extreme cases, we will credit for individual days missed, but we will then have to charge you the daily rate of \$55.00 instead of the discounted rate that you are receiving at \$230.00/week. Any exceptions will be determined on a case by case basis.

**For day to day campers in case of an absence:**

(For those NOT attending and paying for Monday-Friday)

All payments are non-refundable even if your child is absent. We will transfer credit to another day if a written notice is received one week prior to desired date. If you have made arrangements with the office to hold a space during camp, and do not attend for any reason, you will be charged for those days. Any exceptions will be determined on a case by case basis.

**Admissions Policies**

Before a child can attend our camps, a parent must speak with a camp director or an office manager to determine if our camps will be a good fit for their child. The camp director with answer all questions that a parent might have regarding our camps, and the director and parent together will determine if the child will benefit from attending our camps. This can be done in person or over the phone. In some cases, the director may request an in-person meeting at the facility to determine if a child is a good fit for our camps. After it is determined that the child will benefit, the parents may then register their child. The parent packet may be picked up in person or mail (if there is enough time before start date).

Your digital signature confirms that you acknowledge and agree to the terms of the policies stated in the Technique Adventure and Activity Day Camp Parent Handbook.



☐ I have read and accept the terms and conditions stated in the Technique Gymnastics Adventure and Activity Camp Parent Handbook.

## Adventure and Activity Camp Admission Agreement Form

***This form requires form fields to be completed and your digital signature at the end.***

***Use the TAB button for ease of navigation.***

**Approximate Time to Complete: Less than 10 minutes**

Child's First Name:

Child's Last Name:

Child's Date of Birth:

Mother's / Guardian's Name ( First and Last):

Father's / Guardian's Name ( First and Last):

Please confirm the following acknowledgements and acceptance of responsibility that this agreement is shared with all legal parents, guardians and authorized parties involved in the child’s life (ie. nanny, family members involved in child's care).

### Parent Handbook

☐ I have received a copy of the Technique Adventure and Activity Camp Parent Handbook. I have read and understood its policies and procedures, and agree to comply with the program rules and regulations.

### Services Offered

☐ The A2C is a licensed daycare facility providing a sports and activities based curriculum for five to twelve year olds. We strive to engage your child in fun adventures and activities throughout the day including: rock climbing, gymnastics, soccer, trampolines, outdoor water activities, ninja gym and acro, crafts, group time, organized games, cooking classes and themed activities. We are licensed for 70 children.

### Admission Policies





☐ Healthy children will be admitted and accorded equal treatment and access to services without regard to race, religion, color, national origin, or ancestry. The Technique Adventure and Activity Center is for children ages 5 to 12 years old. The day your child turns 4 year and 9 months and is enrolled in kindergarten for the fall, they are eligible for our program. Children must be toilet trained by the day of entry. Children must be ready for the type of group experiences offered and able to benefit from the program. The following forms must be completed and turned in to A2C BEFORE your camper may be admitted into the program: Copy of Admission Agreement, Notification of Parents' Rights, Personal Rights, Identification and Emergency Information, Consent for Emergency Medical Treatment, Child's Pre-Admission Health History-Parent's Report, Physician's Report, and all facility waiver forms. A2C will not admit your child into our camp until all paper work is completed.

**Days and Hours of Operation**

☐ A2C is open Monday through Friday, 9:00am-4:30pm. Complimentary extended care is available from 8:00am-9:00am and from 4:30pm-5:30pm.

**Absences**

☐ I understand that on a day that my child is unable to attend a previously reserved date, it is my responsibility to notify A2C in writing one week prior to missed date. At the point of receiving a written notice, a credit may be transferred to another camp day. Without written notice, no credit or refund will be given.

**Illness**

☐ I understand that I will be contacted should my child become ill while at A2C. I agree to pick up my child promptly upon such notification. I also understand that my child cannot attend camp on a day in which he or she is ill, as defined in the Parent Handbook.

**Sign-In/Sign-Out**

☐ When dropping off my children, I understand that I must sign my child in and out. It is the California law! We become responsible when you sign in, and you resume responsibility when you sign out. You, as the adult, must sign your child in and out. You must use your full signature and not just initials.

**Release of Child(ren)**

☐ I understand that my child will be released only to myself, a legal guardian, the other parent (except where prohibited by court order), and to those persons whose names I have listed on my child's Emergency Information Form. I understand that if someone other than my child's parents/guardians is to pick-up my child on a specific day, I must notify A2C, even if they are listed on the Emergency Information Form. All individuals picking up your child will be required to show a picture ID.

**Emergency Contacts**



☐ I understand that I am required to maintain at all times, at least one additional emergency contact other than myself, including full names, home and work addresses, home and work phone numbers, and cell phone numbers. I understand that in the event of an emergency for which I or my emergency contact cannot be reached, the staff may contact police or other emergency authorities.

**Change of Information**

☐ I understand that it is my responsibility to inform A2C of any changes to the information on the Emergency Information Form, as well as other forms in the registration packet, including, but not limited to: address, home phone number, parents’ work numbers, medical conditions, and pick-up authorizations.

**In the Event of an Emergency**

☐ In the event of an emergency, if I cannot be reached, A2C had my permission to contact the physician(s) listed on my child’s registration forms, or have my child transported to a local hospital for care. I will not hold A2C or its’ employees liable. I understand that I am responsible for all expenses incurred.

**Violent or Unsafe Behavior**

☐ I understand that I may be contacted should my child display violent, unsafe, or continually inappropriate behavior. I agree to pick up my child promptly upon such notifications.

**Lunch**

☐ If your child does not have a lunch, a \$5 healthy lunch will be provided for them, and a \$5 charge will be added to your account. Payment is expected by the next day.

**Late Pick-Up Charge**

☐ It is imperative that parents pick up their children on time. There will be a five minute grace period, after that the charge is \$1.00 per minute and is due at the time of pick-up in cash or check.

**Schedule Information**

☐ Illnesses-There are no refunds given in the event of an illness. In certain circumstances, a credit will be given and able to be transferred. Changes in your child’s set schedule- With proper notice of one week, registered dates may be transferred to another date. This notification must be in writing one week prior to original registered date.

**Withdrawal**

☐ Children benefit most when the program and the home have similar philosophy of teaching and



discipline. Should the time arise when either the A2C or the parent feels that the child is not benefiting from the program, either party may request withdrawal without prejudice with a two week written notice.

**Drop-ins**

☐ Drop-ins will not be allowed at A2C. I understand that I may call the morning of to verify room for my child in camp; however, I understand that I may not bring my child for a drop-in day at camp unless I receive verbal confirmation of drop-in enrollment from the Director.

**Fees Specific to Your Child**

☐ I understand that the fee for my child to attend Technique Adventure and Activity Camp will be based on the days enrolled per the registration agreement. Any additional days will be added to my bill. I also understand that any changes to my child’s set schedule must be submitted in writing one week prior to original registered date.

**Rights of the Licensing Agency**

☐ The Department of Social Services licensing department has the authority to inspect, according to the Health & Safety Code Sections 1596.852, 1596.853, and 1596.8535. They have the right to interview children attending Technique Adventure and Activity Camp, or Technique Adventure and Activity Camp staff without prior consent. This authority includes the right to inspect, audit, and copy the child’s records upon demand during normal business hours.

**Terms of this Admission Agreement**

☐ This admission agreement is valid for the 2018-2019 school year, or if the parents withdraw their child with 30 days written notice.

**Conditions of Termination**

☐ Technique Adventure and Activity Camp had the right to terminate this agreement and ask a parent to withdraw enrollment, if any of the following occurs:

- The child presents a health or safety threat
- Repeated discipline problems
- Lack of payment

☐ Technique Adventure and Activity Camp will not change this contract without at least a 2 week written notice. I have read, understand, and will comply with the policies and procedures included in the Admission Agreement and in the Technique Adventure and Activity Camp Parent Handbook.



Adventure and Activity Camp Waiver

This form requires form fields to be completed and your digital signature at the end.

Use the TAB button for ease of navigation.

Approximate Time to Complete: Less than 10 minutes

Today's Date: mm/dd/yyyy

How Did You Hear About Us? ▼

Please Select One:

- ☐ New Camp Registration
- ☐ Camp Renewal
- ☐ Change of Information

Child's First Name: Child's Last Name:

Parent/Guardian Name(s):

Parent/Guardian Email(s):

Address Line 1:

Address Line 2:

City: State: Zip:

Home Phone #:

Cell Phone #: Mom or Dad?

Work Phone #: Mom or Dad?



Emergency Contact Name (First and Last):

Emergency Contact Phone #:

Medical Alert / Allergies / Physical Limitations (Enter NONE if None):

Physician's Name:

Physician's Phone #:

Insurance Company:

**RELEASE AND WAIVER OF LIABILITY, ASSUMPTION IS RISK, AND INDEMNITY AGREEMENT**

**("AGREEMENT")**

In consideration of participating at Technique Gymnastics, I represent that I understand the nature of this Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the Activity.

I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releases" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the Activity.

I hereby release, discharge, and covenant not to sue Technique Gymnastics, its respective administrators, directors, agents, officers, volunteers, employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages, on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and future agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost, which any may incur as the result of such a claim.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement in held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Printed Name of the Participant (First and Last):



**PARENTAL CONSENT**

AND I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasee may incur as the result of such claim. I release photos and/or video of Releasee taken before, after, or during activity to be used in program promotion and marketing only.

Printed Name of Legal Parent / Guardian:

☐ By checking this box I understand that my digital signature at the end of this document is authorizing my consent to the terms stated above.

**Consent of Treatment of a Minor**

Should it be necessary, in the opinion of a staff member of Technique Gymnastics, Inc. to render first aid and assistance to the participant(s) listed above, I hereby grant permission to the staff of Technique Gymnastics, Inc. and other medical personnel to render such aid and assistance as they may deem necessary. I have carefully read this consent for treatment of a minor and fully understand its contents.

☐ By checking this box I understand that my digital signature at the end of this document is authorizing my consent to the terms stated above.

**Sky High Sports & Granite Arch Safety Waivers**

*This form requires you to visit external links and to return to verify the waivers were completed.*

*The links will open in a new window in your browser so you do not loose your place here.*

**Approximate Time to Complete: Less than 10 minutes**

**ALL 4 WEEKS OF OUR SUMMER CAMPS WILL INCLUDE A FIELD TRIP TO SKY HIGH SPORTS TRAMPOLINE PARK AND GRANITE ARCH ROCK CLIMBING!**



[Sky High Sports Safety Waiver](#) | [Granite Arch Safety Waiver](#)

☐ By checking this box I am verifying that I have filled out both the Sky High Sports and Granite Arch Safety Waivers.

**Adventure and Activity Camp Field Trip / Wacky Tacky Waiver**

*This form requires form fields to be completed and your digital signature at the end.*

*Use the TAB button for ease of navigation.*

**Approximate Time to Complete: Less than 5 minutes**

**ALL 4 WEEKS OF OUR SUMMER CAMPS WILL INCLUDE A FIELD TRIP TO WACKY TACKY!**

**Wacky Tacky Liability Release**

In Consideration of being a willing participant in any party at Wacky Tacky in Rancho Cordova, California , The participants and/or guardians signed on this waiver agree to following:

I Understand and acknowledge that the activity which I am or/and (any minor children for which I am the Parent, legal guardian, or otherwise responsible, any heirs personal representative) about to voluntarily engage in as a participant and/or volunteer bears certain know risks and unanticipated risk could result in injury, death, illness or disease, physical or mental, or damage to myself, or to spectators or third-parties, I, being aware of this activity entails risk or injuries to myself (and any minor children for which I am the parent, legal guardian, or otherwise responsible, any hires, personal representative, or assigns) expressly agree, covenant and promise to accept and assume all responsibility and risk for injury, death, illness or disease, or damage to myself (and any minor children for which I am the parent, legal guardian, or otherwise responsible, and heirs, personal representative, or assigns). Participation in this activity is purely voluntary, no one is forcing me to participate, and I elect to participate in spite of the known and unknown risks.

Release: In consideration of the services provided, I, for myself and any minor children for which I am the parent, legal guardian, or otherwise responsible, any heirs, personal representatives or assigns, due hereby release Wacky Tacky Corporation from any liability and waive claim for damages arising from any cases whatsoever (except that which is gross negligence). I further agree to reimburse you all attorney fees and costs should I bring legal action against you and lose.

**Please Don't forget Socks must be worn at all time.**

Today's Date:

Participant's Name:

Participant's Date of Birth:



Parent / Guardian Name(s):

Parent / Guardian Email(s) - For notification of specials & coupons (Optional):

Address Line 1:

Address Line 2 (Optional):

City:  State:  Zip:

Emergency Contact Name (First and Last)

Emergency Contact Phone #

☐ By checking this box I understand that my digital signature at the end of this document is authorizing my consent to the terms stated above.

The Technique Gymnastics Activity and Adventure Camp Director will print all signed forms for all participants and bring to Wacky Tacky on the day of the Field Trip. If you have any questions please don't hesitate to call.

Thank you,  
  
Wacky Tacky  
11327 Folsom Blvd  
Rancho Cordova, CA 95746  
Tel: 916-476-3315

**Dependent Care Tax Deduction Information**

*Please keep this information in your records for future reference.*

Technique Kids' Activity Center  
  
Adventure & Activity Camp  
  
Tax ID 68-028-2933





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Father's Name:

- ☐ Summer Camp | Full Week, Monday - Friday, June 3-7, 2019
- ☐ Summer Camp | Monday, June 3, 2019
- ☐ Summer Camp | Tuesday, June 4, 2019
- ☐ Summer Camp | Wednesday, June 5, 2019
- ☐ Summer Camp | Thursday, June 6, 2019
- ☐ Summer Camp | Friday, June 7, 2019
- ☐ Summer Camp | Full Week, Monday - Friday, June 10-14, 2019
- ☐ Summer Camp | Monday, June 10, 2019
- ☐ Summer Camp | Tuesday, June 11, 2019
- ☐ Summer Camp | Wednesday, June 12, 2019
- ☐ Summer Camp | Thursday, June 13, 2019
- ☐ Summer Camp | Friday, June 14, 2019
- ☐ Summer Camp | Full Week, Monday - Friday, June 17-21, 2019
- ☐ Summer Camp | Monday, June 17, 2019
- ☐ Summer Camp | Tuesday, June 18, 2019
- ☐ Summer Camp | Wednesday, June 19, 2019
- ☐ Summer Camp | Thursday, June 20, 2019
- ☐ Summer Camp | Friday, June 21, 2019
- ☐ Summer Camp | Full Week, Monday - Friday, July 29-August 2, 2019
- ☐ Summer Camp | Monday, July 29, 2019
- ☐ Summer Camp | Tuesday, July 30, 2019
- ☐ Summer Camp | Wednesday, July 31, 2019
- ☐ Summer Camp | Thursday, August 1, 2019
- ☐ Summer Camp | Friday, August 2, 2019

X

# Signature Certificate

Document name: Adventure and Activity Camp Required Documentation

Unique Document ID: 5AC77B19B307E28F5435FB5D27150E8D367B2DD7



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